



Editor's Note

By Chris Earl

Thanks to Sensei Jaimie and Steve Van Maanen for articles this month.

We need more contributions from club members! Deadline for the next newsletter is July 30th 2000. Submissions can be handwritten, on diskette as Microsoft Word or text file or you can email me at cearl@odyssey.on.ca

Bingo

Don't forget to volunteer for Bingo's at Strathroy if you can. Funds raised from bingo's help to offset club costs and keep our monthly dues low. To volunteer please contact Larry Hackman.

Mats

How about signing up for putting out mats? Use the signup sheet on the mat room door .

Next Test Dates

Adults: Thursday July 27/00, Children: Saturday, June 24/00

Class Schedule

Tuesday

6:15 to 7:00 Children Only

7:00 to 7:50 Beginners & 9th Kyu

7:55 to 9:00 8th, 7th and 6th Kyu

9:00 – 10:00 5th Kyu and above

Thursday

7:00 to 7:50 Beginners, 9th & 8th Kyu

7:55 to 9:00 8th – 5th Kyu

9:00 to 10:00 5th Kyu and above

Saturday

9:15 am to 9:55 am Children Only

10:00 am to 11:00 am Open Class

11:00 am to 12:00 noon Weapons Class

Carling Heights Community Optimist Centre (entrance off McMahan St.)

A message from Sensei Jaimie Sheppard

Dear Aiki Budo members. The 2000 Yoshinkan Aikido Festival has come and gone. I am still overwhelmed with memories and feelings about this event. I could not get it through my thick head that we actually had Terada Shihan as our guest. Clouding up matters was the fact that we also had Amos Parker Shihan again as well as other senior students of Terada. Amos Parker Shihan, Matsuo Shihan, Chisiko Matsuo Sensei, Nakazawa Sensei...and a whole smorgasbord of talented North American instructors, all gathered together...in one place at the same time. To be honest...it was too much for me to take in. I have been to many Aikido clinics and seminars. All seminars were great, including those involving instructors who were relatively unknown. Seminars included in depth one on one training with aikikai instructors like Miyako Fujitani Sensei (Steven Seagal's first wife) and Yoshinkan greats like Ando Sensei, Chida Shihan and of course the Hombu Dojo head instructor of Inoue Shihan. These seminars were focused on one instructor. Our festival had a feature instructor who in fact has in some way or another touched all Aikido instructors regardless of style or focus. He trained with many of O' Sensei's most gifted students including O'Sensei's son. This fact for some reason is still percolating through my mind. Throwing more fuel on the fire was the fact that an

additional number of gifted instructors from Japan and North America taught and played Aikido. The large mat area also provided a forum where many gifted and enthusiastic aikidoka were on the mat.... all at the same time. All of the above coupled with personal intense moments alone with Terada Shihan, Parker Shihan and other Japanese guests made for a draining and uplifting experience. As Sensei Parker says...yin and yang go hand in hand.

While driving Terada Sensei around...I kept looking over to see that it was really him and not a dream. Here was a man who had shaped not only Yoshinkan, but ALL Aikido in some way directly or indirectly! He had trained with O'Sensei, Tohei Sensei, O'Sensei's son, Saito Sensei and of course was Gozo Shioda's uke and partner in the demonstration that sparked beginning of Yoshinkan. He was part of the first Yoshinkan Hombu dojo.

One of the things that really made our festival unique was the support we had from Aiki Budo members. Ashley and I have no words that can come close to thanking those of who went above and beyond the call of duty. Vic

Wagner and Kaysie Usher have our undying gratitude. They both gave up their homes for 10 days

for our guests from Japan and from Houston Texas. To have such a large group of people move in lock stock and barrel...is phenomenal. One guest in your house for 10 days is starting to stretch the welcome mat...let alone SEVEN people.... and the multitude of guests and visitors who dropped by. Two of these visitors, were of course two little worn out nidans! In addition to giving up their homes, Vic and Kaysie gave up a week of their time as well as giving up their opportunity to train on the mat...so WE could have an administrative/registration desk and film coverage. Liability waivers were crucial, as was admission accountability in terms of legalities. Several other members contributed long hours and days of work even before the event took place. Greg Gruninger and Christine Earl for instance slaved over hot computers writing registration programs and then inputting data during the event. It is always the people who have the busiest lives who donate the one thing that they do not have...time. In addition both gave up several Sundays in order to assist Ash and

myself train for our sandan tests. Donating their bodies so that sore elbows and sore backs could get "sorer". Many other people (including Ash and myself) gave up annual holidays in order to assist. Some contributed financially, as well as time wise. Jack Baker spent hours making up info booklets and purchased London pins so all guests and attendees would have a memento of their visit. Derek Bindner spent hours designing plaques, signs, decals, emblems for T shirts, as well as carrying, toting and setting up and taking down signs daily during the event. Gary and Jeanette Harper had to make arrangements so their children would be looked after during the weekend, so they could donate their time to run the info and sales desk. Several students donated time and money in transporting guests from Toronto international airport and return. Anthony Subject, Candice Lawrence and Jack Baker filled this need. Steven Chau arranged for and transported several cases of heavy / expensive photographic equipment, as well as donating his time and material so that we would have a photographic record and group pictures. Paul Lepine donated time for legal and hospitality needs. Jack Baker, David Sim, Derek

Bindner, Eifion Cockram, and Eric Sloat contributed hospitality and bar tending services. Ash and I would like to commend Eric Sloat who personally donated the meeting room at Windermere Manor in addition to securing discounted accommodation for our guests. All guest instructors were housed at Windermere by the Aiki Budo Centre. Despite this fact there were significant expenses looked after by the club so that this festival was a world class event!

Other people who helped with various items were Steve Turnbull, Larry Hackman, Khoa Tran, and many more who I ask not to take offence for not mentioning by name.

Amos Parker Shihan spent much time making sure the festival's instructional format was in place. He liaised with all instructors insuring that all matters of protocol and etiquette were in order. He paved the way in fact so that our featured guests would visit us!

In closing I would also like to thank Ashley who coordinated and orchestrated all the above with outstanding professional acuity. He spent many hours on the phone; taking time away from his family as well as taking leave from work during our guest's visit. More specifically he was the best test partner I or anyone could ever hope to grade with. Ash always says...when your in the room...be in the room! He was certainly in the room for me during our test. I will remember this test more than my shodan or any other test for that matter as long as I live.

Sincerely Jaimie





News from Steve Van Maanen

Well, I am almost finished my second month. We have covered the following techniques.

Katate mochi Shihonage ichi to ni

Shomen Uchi Yonkajo ichi to ni

Katate Mochi Nikajo Ichi to Ni

Yokomen Uchi Sankajo ichi to ni

Shomen Uchi Yonkajo Ichi to Ni

Katate Mochi Sokkumen Irimi Nage Ichi.

We just finished about a week of Yonkajo (OUCH!) especially since we did about 15 minutes of hard Yokomen strikes with our partners...the senshusei arm smash, and then got in a big circle and yonkajo'd each other around. My radial nerve is about the size of my forearm right now.

Everything else is going well. I ache like mad and all my joints are somewhat swollen, but heck everyone is like this. This Sunday is a BIG Embu for Ando Sensei's dojo. A whole whack of Canadians are down and the Embu should be great. One of our sewanin is going to be Chino Sensei's Uke at the Embu. Chino sensei has been smashing him around in between classes, and we have been watching. Wow! It is incredible.

Anyways I have to run! Hope to hear from you!

Say hi to all

Steve

合氣道



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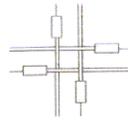
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